Contact: Amber Smithson Phone Number: 661-747-8697

Facility Name: Bakersfield Behavioral Healthcare Hospital

Facility Address: 5201 White Lane Regarding: Facebook Live Event Effective Date: April 7<sup>th</sup>, 2021

## For Immediate Release

Bakersfield Behavioral Healthcare Hospital (Bakersfield Behavioral) understands that with inperson education starting back for some students, it may prove to bring with it some concerns, anxieties, and even frustrations for all involved.

Some students will remain in a virtual learning setting full-time while others will divide their time between in person instruction and virtual learning. Throughout the pandemic, our youth have had to adapt to many new "norms" and this is yet another.

In a continued effort to help support Kern County, Bakersfield Behavioral will be hosting a Facebook Live event, Wednesday, April 7<sup>th</sup>, 2021 from 11:30 am -12:30 pm. Bakersfield Behavioral's Director of Clinical Services and a Licensed Family and Marriage Therapist will be addressing concerns, answering questions, tips to help your youth with the transition, sharing signs and symptoms that parents, teachers, and counselors should be aware of, when to seek help for your youth, and how to seek help.

Watch for updates and view the Facebook live here: https://fb.me/e/3pvwO89sN

